



CoCo Watch User Guide

Model No.: BT1



Thank you for purchasing this product.
Please read this guide carefully before use.

About

CoCo BT1 provides real-time monitoring of Heart Rate, Temperature, and Sleep. It also tracks your activity throughout the day to ensure you get enough exercise.

Features



Charging Contact Point

Heart Rate Sensor

Temperature Sensor



Getting Started

Charge the Watch completely before initial use. It may take as long as 3 hours for the initial charge.

To charge, put the Watch into the charging box and close the cover (as the below diagram) and plug the other end into a USB port or adapter. The charging screen will display the battery level.



Power on:

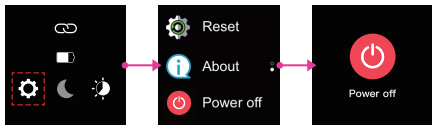
Method 1: When charging, the Watch will automatically turn on.

Method 2: Press and hold the crown button for 3 seconds.



Power off:

To turn off the device, swipe down from the Watch face screen and select the power function. Then press the power button.



Download CoCo Mobile App

To connect your mobile device to CoCo BT1, install the CoCo Mobile App onto your mobile device. The App is compatible with both Android and iOS devices.

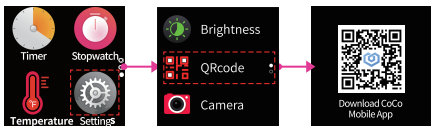
Method 1:

Search the App Store or Google Play for “CoCo semcorel” and install the App.

Method 2:

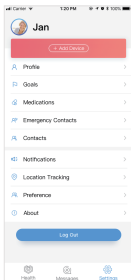
Open the Camera App on your phone and scan the QR-code below.

Open the App once it has downloaded and follow the instructions on the next page to pair your mobile phone with your CoCo BT1.

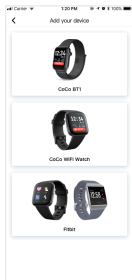


How to pair with CoCo App

Open CoCo App, Choose Settings. (1) Add Devices. (2) Choose BT1. (3) You could pair BT1 either by scanning QR-code, or Manual connection.



(1)

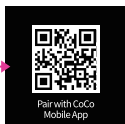
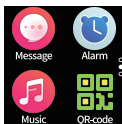


(2)



(3)

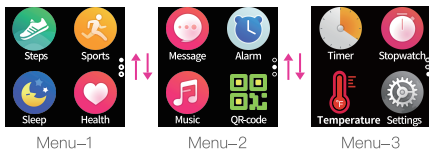
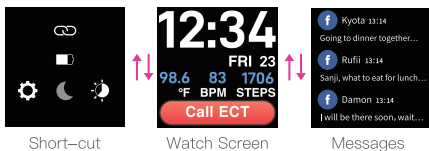
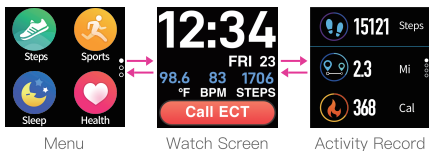
You could find the QR-code in the second Menu page of the Watch as below.



How to Navigate

CoCo BT1 shows user's real-time body temperature, heart rate, daily activity steps, date and time on the Watch Screen.

The main operation of CoCo BT1 is shown below. Swiping the screen can change the function.



To go to the Menu page, swipe left. Swipe right or press the crown button once to return to the Watch Screen.

To go to the Activity Record page, swipe right. Swipe right again or press the crown button once to return to the Watch Screen.

To go to the Settings page, swipe down. Swipe up or press the crown button once to return to the Watch Screen.

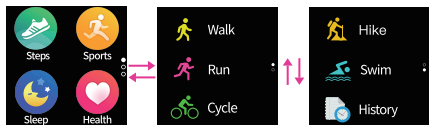
To go to the Messages page, swipe up. Swipe down or press the crown button once to return to the Watch Screen.

To switch between different Menu pages, swipe up and down. Swipe right or press the crown button once to return to the Watch Screen.

To go to the function page, tap the icon on the Watch Screen.

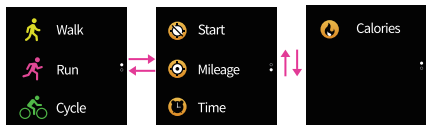
To go back to the last page, press the crown button once.

To select an exercise, tap the exercise icon and choose the type you want.



To set a target for mileage, time, or calories, tap the type and set a goal. The exercise will start recording in 3 seconds.

To exercise with open targets, tap Start. The exercise will start recording in 3 seconds.



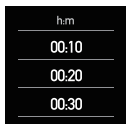
Exercises

Targets-1

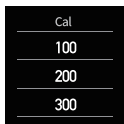
Targets-2



Mileage

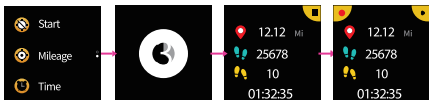


Time

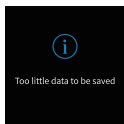


Calories

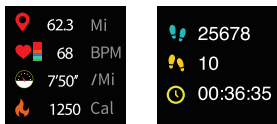
To stop recording an exercise, tap the pause icon in the upper right corner. To continue, tap the continue icon in the upper right corner. To stop the recording, tap the stop icon in the the upper left corner.



If the recording time is too short, the watch screen will indicate 'Too little data to be saved'.



If the recording is saved, the watch screen will show the result.



How to Measure

Heart Rate

From the first menu page, tap Health. The screen will show ‘--BPM’. After 2 seconds, the heart rate measurement will start.

The data will show directly on the screen when the heart rate measurement is complete and will continue until you cancel.

If you wish to stop the measurement, please swipe to the right and return to the previous page.

If you want to view your history, tap the icon on the top right corner of the heart rate page to display your real-time heart rate.



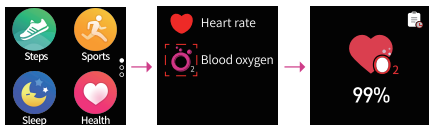
Blood Oxygen*

From the first menu page, tap Health. The screen will show ‘--’. After 2 seconds, the blood oxygen measurement will start.

The data will show directly on the screen when the blood oxygen measurement is complete and will continue until you cancel.

If you wish to stop the measurement, please swipe to the right and return to the previous page.

If you want to view your history, tap the icon on the top right corner of the blood oxygen page to display your real-time blood oxygen level.



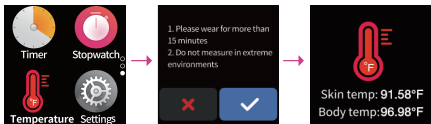
*: Blood Oxygen measurements are not intended for medical use, including self-diagnosis or consultation with a doctor, and are only designed for general fitness and wellness purposes.

Body Temperature

From the third menu page, tap Temperature.

Please wear the watch for more than 15 minutes for the measurement. If less than 15 minutes, the measurement will fail.

Tap '✓' to start the measurement or tap 'x' to return to the menu page.



Medication Reminder

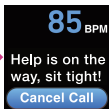
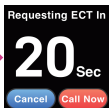
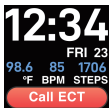
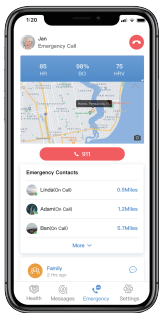
CoCo BT1 supports medication reminders which are synchronized with the settings in the CoCo Mobile App. When the time comes, the watch screen will show the medication details. Tapping next will display the remaining reminders. Press the crown button once to return to watch screen.

All the messages and reminders you receive are kept in the Messages box.



Emergency Help*

Pressing the crown button for more than 3 seconds will start an emergency help call. Or click the “Call ECT” icon from the watch screen of CoCo BT1.



*: The ECT team has to be preconfigured in CoCo Mobile App.

Warranty

This product is warranted by the manufacturer for 1 year from the date of purchase. This warranty does not cover damages arising from accidental damage, misuse, or abnormal wear and tear. This warranty is only available to the original purchaser of the product.

Specifications

Dimension: 1.4 x 1.6 x 0.4 inches

Waterproof level: IP68

Battery: 160mAh Large capacity battery

Normal work time: up to 5 days

Sports Mode: Walk, Run, Cycle, Hike, Swim

App Compatible with: Android OS 5.1 or above, iOS 9.0 or above

Safety Warning

Keep the product away from open flames and high-temperature environments. Clean CoCo Watch with a soft cloth. Do not use soap, shower gel, or other cleaning solutions.



Reminder:

This product is suitable for home use and personal monitoring. Measurements are for reference and long term trend analysis. If the data seems abnormal, please consult your physician or medical care specialist.

FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) this device must accept any interference received, including interference that may cause undesired operation.

Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communica-

tions. There is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

After-sale Service

○ Product Name:

○ Product Model:

○ Customer Name:

○ Phone Number:

○ Address:

○ Date:



semcorel

Website:

www.semcorel.com

Email:

info@semcorel.com